



# Above & Beyond Coaching LLC

*Find happiness within your true purpose.*

**I would like to welcome you.**

Congratulations for making the commitment to invest in your personal growth. In an effort to help you make an informed decision regarding your personal approach to coaching, I want to help you make sure you understand what coaching is and what it is not, as well as what you can expect.

Coaching is a relationship that is established under an agreement between a Coach and a Client. During this agreement our relationship will be referred to as "Client / Coach". Coaching is partnering with Client(s) in a thought provoking and creative process that inspires and empowers Client(s) to maximize their personal and professional potential. Coaching is not considered to be therapy or counseling. This is a partnership effort between a Coach and a Client.

Both Coach and Client bear the responsibility to be respectful of each other's time and investment. Coach bears the responsibility to protect confidentiality of any and all information obtained around the Coaching Agreement.

**Method of Coaching Practice:**

I am an outcome oriented person and professional. I am committed to help my Client find happiness within their true purpose. I utilize the "GOLEARN" coaching technique combined with my extensive coaching experience with helping Client(s) discover their "blindspot" that has prevented them from achieving their goals and true happiness.

**Length of Agreement:**

*Varies upon personal goals.*

*Minimum of Three (3) Month Agreement Required*

It is my goal to have each of my Client(s) achieve their desired goals in the allotted time. Each individual or group of individuals have unique strengths and weaknesses. Every situation presents with different challenges and requires different timeframes to overcome. I look forward to your success!

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